

# AUGUST 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
8	9 PRACTICE FOR ALL 3:30 – 5:00	10 PRACTICE FOR ALL 3:30 – 5:00	11 PRACTICE FOR POTENTIAL VARSITY 3:30- 5:00	12 VARSITY INTER- SQUAD MATCHES @ 1:45 PM	13	14
15 VARSITY STAYS TILL 4:30 J.V. 4:20	16 1 <sup>ST</sup> VARSITY MATCH 3:30 @ RHS	17 J.V. STAYS TILL 4:30 VARSITY – 4:20	18 J.V. VS. Richardson 3:30 @ JJP	19 VARSITY VS. Berker 3:30 @ JJP	20	21
22 PRACTICE TILL 4:20	23 VARSITY VS. Nimitz 3:30 @ Nimitz	24 PRACTICE TILL 4:20	25 J.V. VS. Nimitz 4:00 @ JJP	26 VARSITY vs. Naaman Forest 3:30 @ JJP	27	28
29 PRACTICE TILL 4:20	30 Varsity vs. Highland Park 4:00 @ HP	31 PRACTICE TILL 4:20	SEPT 1 <sup>ST</sup> PRACTICE TILL 4:20	SEPT 2 <sup>ND</sup> PRACTICE TILL 4:20		

## EVENTS

### MANDATORY PRACTICES

PRACTICES SCHEDULED BEFORE SCHOOL BEGINS ARE REQUIRED. IF UNABLE TO ATTEND DUE TO A CAMP OR SOMETHING COMMUNICATE THAT IMMEDIATELY TO THE COACH

### PRACTICE GEAR:

MAKE SURE YOU HAVE THE PROPER PRACTICE GEAR, PLENTY OF WATER AND SNACKS IF NEEDED. ALWAYS SMART TO HAVE A TOWEL, SUNSCREEN, HAT AND SUNGLASSES